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For Immediate Release

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Arc Riverside Holds Free Workshop on FASD Prevention

Riverside, CA – Arc Riverside, a local non-profit agency, held a free one-day workshop for potential and current administrators and instructors of the FASTRAC curriculum for students and other target groups. The FASTRAC program is designed for high school students and is taught by peer students in freshman health class and in other places where young people meet.

The morning session focused on the FASTRAC curriculum and some great ways to implement the overall NineZero Project. Peer students were involved in this dynamic presentation. The NineZero team introduced new features of the curriculum that enhance the peer teaching experience. Event organizers illustrated how to involve young people in NineZero activities beyond the classroom and reveal new facets of the NineZero social marketing effort including the NineZero message video contest. Organizers also introduced new FASTRAC material targeted for women in recovery and share some of the factors that make this group unique.

School teachers and administrators who recognize the importance of this topic benefited from attending the workshop, along with others who sought out the perfect project for students that teaches poise, self-confidence and public speaking. Attendees also received our new enhanced version of FASTRAC and other NineZero materials at no cost.

The Riverside Community Health Foundation is located at the Riverside Community Hospital: 4445-A Magnolia Avenue in Riverside. Teachers, school administrators and other youth leaders in Riverside County are welcome to attend our next training, taking place on Saturday, September 13. Those interested should contact Arc Riverside at (951) 688-5141. Attendees will receive a new enhanced version of FASTRAC and other NineZero materials at no cost.

The Arc of Riverside is a 54 year-old non-profit organization that provides services, supports and advocacy for individuals with intellectual and developmental disabilities and their families throughout Western Riverside County, and is located at 8138 Mar Vista Court, Riverside, CA 92504.

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